



Our Approach and Commitment

At Busy Bees Preschool, we want children to enjoy outdoor play safely in all seasons. We take sensible precautions to protect children from excessive sun exposure and hot weather while ensuring they can continue to enjoy fresh air, physical activity and outdoor learning.

Sun Cream and Clothing

We ask parents and carers to:

- Apply sun cream to their child before their session.
- Provide a suitable sun hat and appropriate clothing for sunny weather.
- Provide their own sun cream if their child has sensitive skin or requires a particular product.

We provide sun cream for a small voluntary donation. With parental permission, staff will reapply sun cream as needed and routinely around lunchtime.

Shade and Outdoor Play

Our garden has shaded areas, including a canopy and hanging sun shades. We consider the weather, UV levels and children's individual needs when planning outdoor activities.

During particularly hot weather, we may adapt or shorten outdoor activities or move play indoors. Staff monitor children for signs of overheating, dehydration or discomfort.

Drinking Water and Keeping Cool

Children have access to drinking water throughout the session. Our “Big Drink Alarm” sounds every 30 minutes to remind and encourage children to stop for a drink. We offer additional encouragement to drink during hot weather and after physical activity.

We may provide supervised water play during warm weather as part of our outdoor learning and to help children stay cool.

Individual Needs and Wellbeing

We consider any additional precautions children may need because of medical conditions, SEND or individual circumstances. Please let us know about any relevant medical or skin conditions and share any specific sun protection requirements.

If a child becomes unwell due to heat or sun exposure, we will follow our first aid procedures and contact parents or carers, or emergency services if necessary.

Last reviewed: September 2026

Next review: September 2027