

Our Approach

At Busy Bees Preschool, we promote healthy eating, safe food practices and good hygiene to support children's health, wellbeing and development.

Busy Bees is a NUT-FREE setting. Nuts and products containing nuts must not be brought onto the premises.

Food and Drink

Busy Bees does not provide children's meals or snacks. Parents/carers provide:

- Morning snack.
- Packed lunch, where applicable.
- A suitable water bottle.

The setting provides drinking water and milk.

Parents/carers are responsible for providing food and drink that is suitable for their child's age, development, allergies and dietary requirements.

Children have access to water throughout the session and are encouraged to develop independence and positive attitudes towards food. Children are never forced or pressured to eat and food and drinks must not be shared.

Allergies and Dietary Requirements

Parents/carers must provide up-to-date information about any:

- Allergies or intolerances.
- Dietary requirements.
- Medical conditions or medication.
- Eating difficulties or concerns.

Staff are made aware of individual requirements and appropriate arrangements are put in place to reduce the risk of allergic reactions and cross-contamination.

Where emergency medication is required, it will be safely stored but readily accessible to authorised staff and managed in accordance with the child's medical plan.

In the event of a serious allergic reaction, **999** will be called immediately.

Safe Eating and Choking

Children are appropriately supervised while eating and drinking. At lunchtime, children and staff sit together where possible, supporting safe eating, social interaction and independence.

Parents/carers are responsible for providing food that is appropriate for their child's age and development, including avoiding potential choking hazards.

Food brought from home is not shared between children.

If a child chokes, staff will provide appropriate first aid and seek emergency medical assistance where necessary.

Food Hygiene

Children and adults wash their hands before eating. Eating areas and surfaces are kept clean, and food is handled hygienically.

Food may occasionally be used as part of EYFS activities. Allergies and dietary requirements are checked beforehand and activities are appropriately supervised.

Working with Families

We work closely with parents/carers to ensure children's dietary, allergy and medical needs are understood and supported. Parents should tell us promptly about any changes to their child's health or dietary requirements.

Food-related incidents and significant allergic or choking incidents are recorded and parents informed appropriately.

Last reviewed: September 2026

Next review: September 2027